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# PATIENT ENGAGEMENT IN GUIDELINE DEVELOPMENT

EPAG Building Good Practices Webinar  
31 01 2022



# Welcome!

We will be starting shortly...



Mute your microphones



Use chat box for Q&A and comments



Raise your hand if you wish to speak



If you experience technical problems, try logging out from zoom and logging back

***This meeting is being recorded. By continuing to be in the meeting, you are consenting to be recorded and to have the recording available in EURORDIS YouTube channel. Your name will not be displayed in the recording.***

**EURORDIS.ORG**



# EPAG Building Good Practices

## Patient Engagement in Guideline Development

31 01 2022

### Agenda

16.00-16.05 - Welcome & Introduction

16.05-16.15 - Summary of PE in Guideline Development

16.15-16.30 - ERN CRANIO: Methodology and Patient Engagement - a Learning Curve

16.30-17.40 - *Questions & Answers*

16.40-16.55 - GENTURIS: Experience with the NF1 Tumour Management Guideline

16.55-17.25 - *Questions & Answers*

17.25-17.30 - Wrap-up

[EURORDIS.ORG](https://eurordis.org)



# Speakers



Gareth Davies

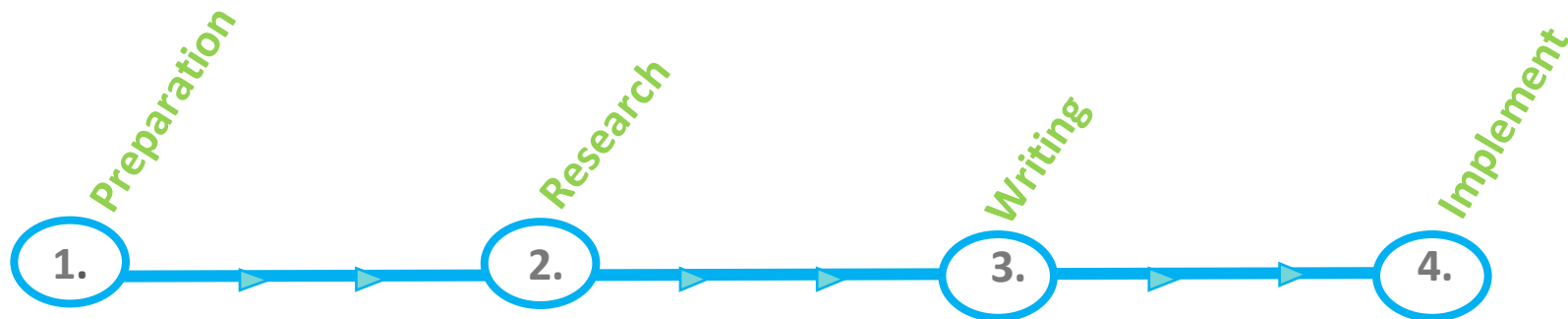
- Executive Director of the European Cleft Organisation
- ePAG advocate in ERN CRANIO



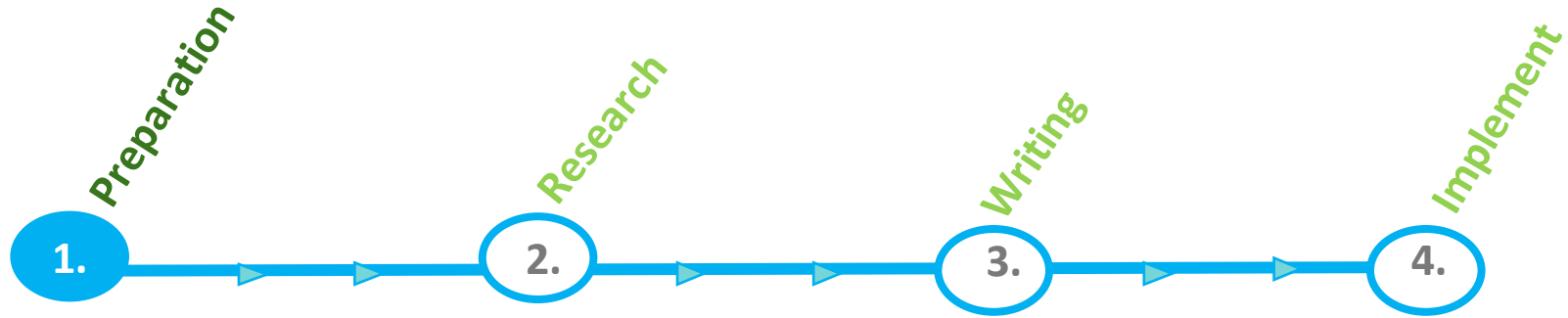
Claas Roehl

- President of NF Kinder
- ePAG advocate in GENTURIS

# Overview of PE in CPG Development

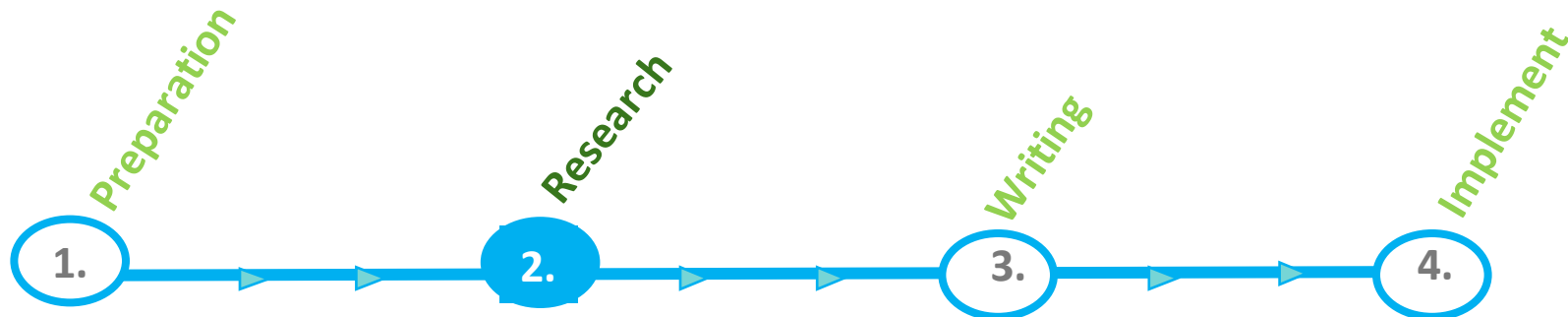


# Overview of PE in CPG Development



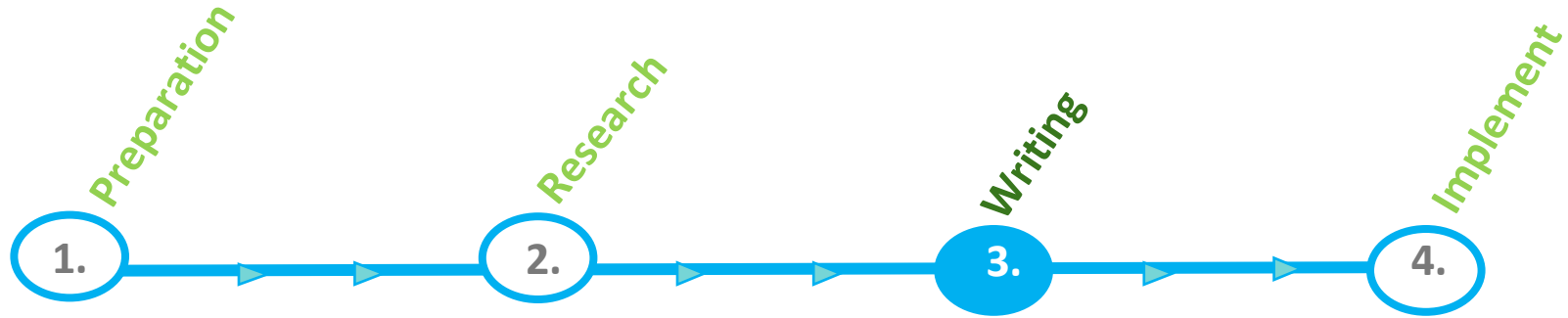
- Patients play a critical role in this stage!
- Recruit** patients to the Guideline Development Group (GDG)
- Get wider patient perspectives via a **Patient Advisory Group**
- Provide 'patient input training' to patients
- **Define the guideline scope** e.g. priority setting survey
- **Formulate clinical questions** e.g. PICO Questions
- Importance of outcomes from the patient perspective

# Overview of PE in CPG Development



- **Patient role is limited in scientific literature research!**
- Patients as part of GDG are involved in:
  - **Literature Search** (Screening & Selecting relevant papers)
  - **Appraisal & synthesis** of evidence
  - **Consensus Building** (e.g. Delphi)

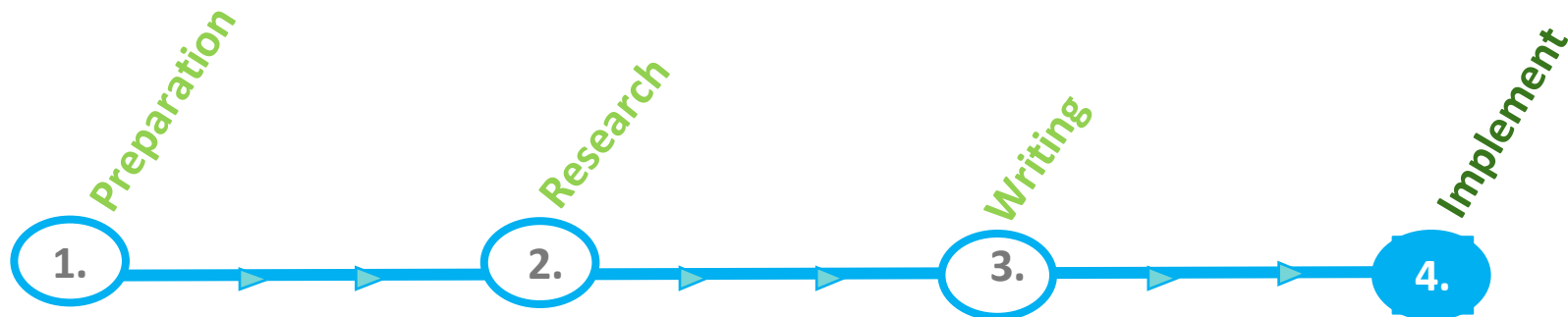
# Overview of PE in CPG Development



- Patient input is important to identify evidence gaps!
- Consider if evidence **reflects important outcome measures**
- Identify gaps in evidence
- Highlight areas of **patient preferences & patient choice**
- Ensure guideline is worded appropriately
- Be part of the external **review** group



# Overview of PE in CPG Development



Patients play an important role!

- Develop **lay-persons** versions
- Disseminate** guidelines

# CRANIO ERN

# ERN CRANIO guideline Robin Sequence

Methodology and patient involvement - a learning curve



# Aim and scope



The aim of this guideline is to provide healthcare professionals and patients (and their parents) with Robin Sequence an overview of the optimal care concerning the various, multidisciplinary, aspects of Robin Sequence and to come with recommendations to improve health outcomes and organization of care.



Target population:

Healthcare  
professionals &  
Patients and their  
families

# ERN CRANIO expert centres RS

## **ERN CRANIO expert**

**centres** Vall d'Hebron,  
Barcelona Erasmus MC  
Rotterdam UMC Utrecht  
Karolinska Hospital  
San Bortolo Hospital  
Vicenza Santa Maria  
Hospital, Lisbon Uppsala  
University Hospital San  
Gerardo Hospital , Monza  
Hospital 12 de Octubre,  
Madrid Hôpital Universitaire  
Necker, Paris Helsinki  
University Hospital

## **Methodological**

### **support**

Qualicura (NL)

# Coordination

Erasmus MC *as* ERN CRANIO coordinating centre

- o Organization of project meetings
- o Coordination of project activities
- o Liaise with Qualicura (methodological partner)
- o Monitor progress and timelines
- o Financial management

## Timeline

Start February 2021 - End February 2022

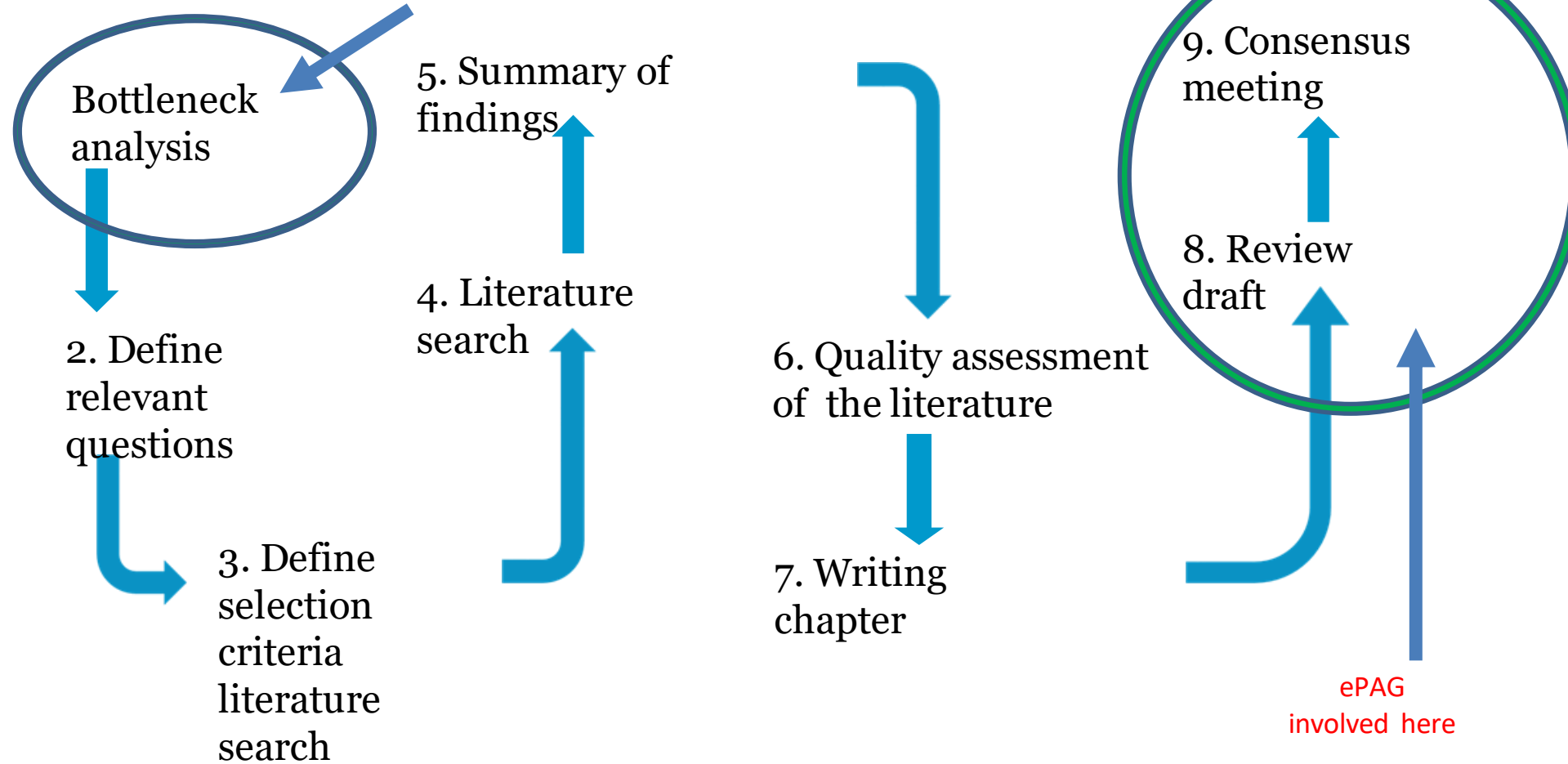
# July 2021 - meeting with ERN Coordinator and Managers

To provide an opportunity for  
us to learn more about what  
being done to include patient  
representation in the guideline  
development



as an opportunity to explore  
ways in which this  
representation can be better  
organized and increased

Patient survey here, input from specialist nursing





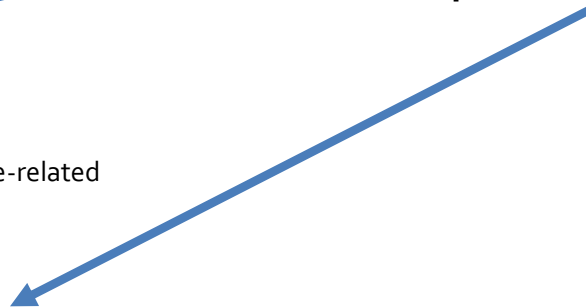
Patient  
engagement  
steps in red



# Guideline Chapters

1. General Introduction
2. Methodology
3. Genetics
4. Diagnostic criteria
5. Prenatal and counseling
6. Breathing & airway
7. Feeding & growth
8. Speech
9. Dentofacial
10. Psychosocial
11. Non-surgical management
12. Surgical management
13. Surgical treatment of palate-related problems
14. Quality of Life
15. Organization of Care

Essential patient  
perspective input  
provided



# Summary patient input



to advise on the guideline scope, target population, clinical questions – all relevant to patient?

ensure literature review includes patient centred care and reported patient outcomes where available



survey the patient community where there are gaps in evidence

to provide the patient's opinions / views in balanced in terms of the benefit and harm of the recommendations



to be involved in formal consensus finding



to develop a lay-persons guide or information of the guideline

# Next steps to finalize

- ☐ The RS guideline manuscript has been sent to all ERN CRANIO members, incl patient representatives for **review**
- ☐ Final version RS guideline to be published
- ☐ Local implementation in ERN CRANIO centres
- ☐ Patient version in all EU languages

# Summary

- Dialogue slow to start but now constructive – this will inform development of other guidelines
- Despite not having patients (and/or ePAG reps) as part of the core guideline group, the importance of patient experience was recognised as an essential part of the process – the patient surveys generated a large number of responses from a wide number of locations. These were from expert centres but importantly patients reflected on their negative experiences before being referred to these centres
- Consensus meeting was attended by ePAG lead whose views and opinions in key areas were noted and he is included in continuing dialogue around revisions
- New ePAG terms and conditions will serve to formalise patient roles in ERNs and facilitate full engagement at all levels, and at all stages of processes

# Q&A

# GENTURIS

# NF1 Tumour Management Guideline

Claas Röhl

Patient representative, ERN GENTURIS



**European  
Reference  
Network**

for rare or low prevalence  
complex diseases



**Network**  
Genetic Tumour Risk  
Syndromes (ERN GENTURIS)

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ePAG Building Good Practices,  
31 January 2022



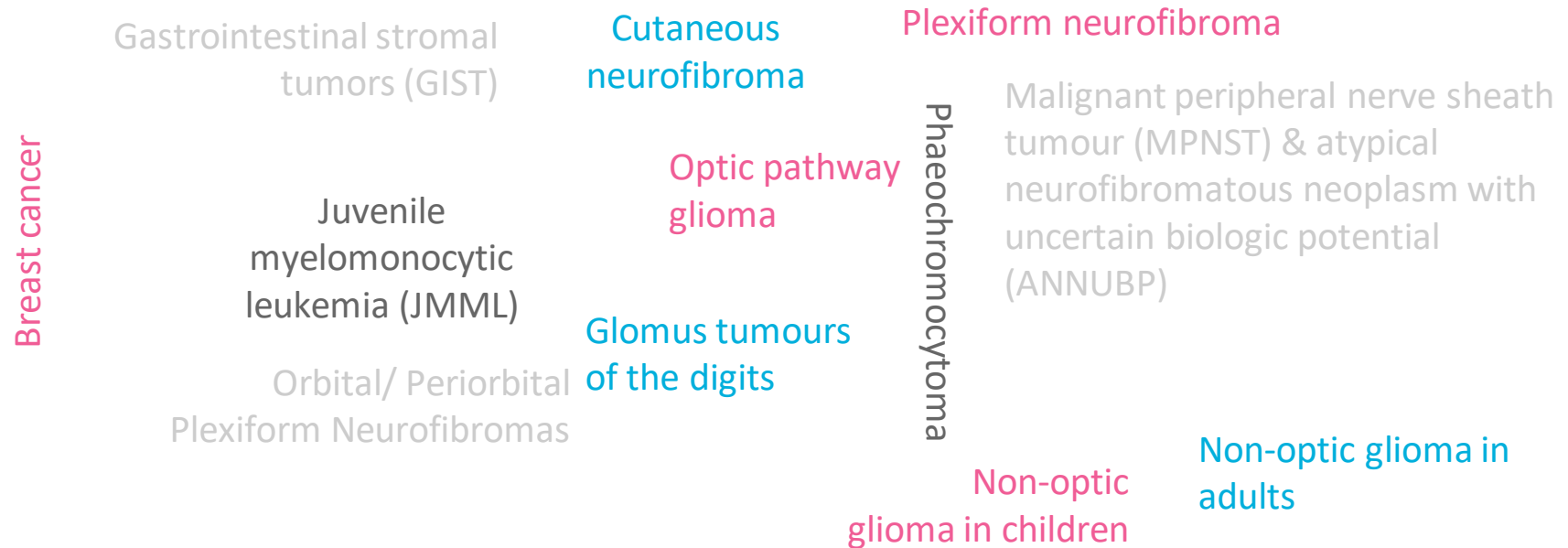
[www.genturis.eu](http://www.genturis.eu)



# NF1 Tumour Management Guideline Scope

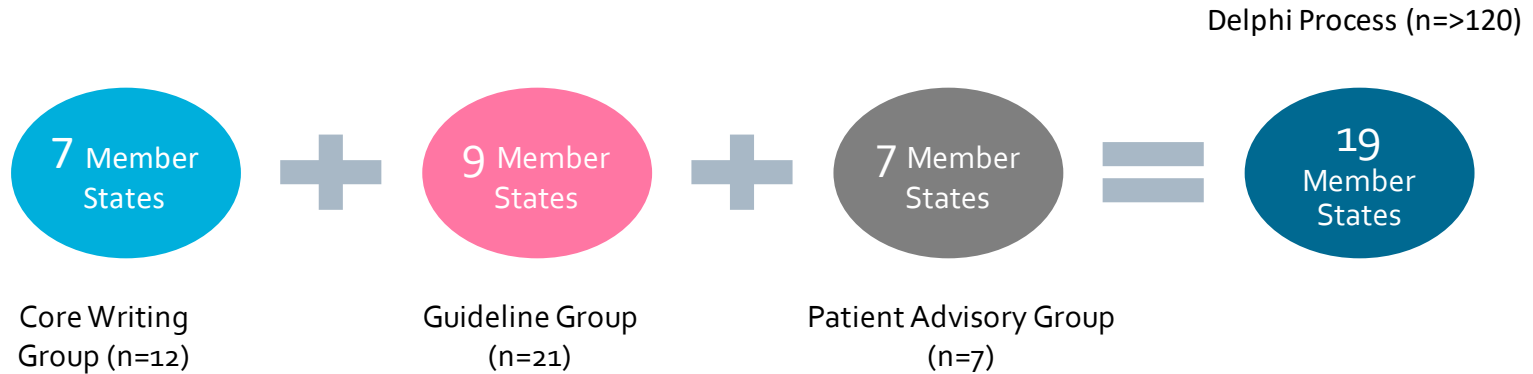
Overall Scope	<ul style="list-style-type: none"><li>The scope of this guideline is surveillance, follow-up and management of tumors in people with neurofibromatosis type 1.</li></ul>
Patient Population	<ul style="list-style-type: none"><li>All individuals with NF1</li></ul>
Clinical Questions	<ul style="list-style-type: none"><li>What clinical screening is beneficial for detecting tumours? What, when and how often.</li><li>What imaging screening (and surveillance) is beneficial for detecting tumours?</li><li>When a tumour is diagnosed, is the indication for surveillance different in NF1? What is content of surveillance (mode, interval)?</li><li>When a tumour is diagnosed, is the indication for treatment different in NF1? What is the indication for treatment in NF1?</li><li>Is treatment different in NF1? What NF1 specific treatment?</li><li>What psychosocial support do people with neurofibromatosis type 1 benefit from, specifically in living with the uncertainty of at risk tumours or in the management of a diagnosed tumour.</li></ul>

# Tumour Types



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# Guideline Group



# NF1 Guideline Group

	Speciality	Member States
1. Core Writing Group	Pediatrician, Clinical Geneticist, Dermatologist, Neurologist, Neuro-oncologist, Radiologist, Maxillofacial Surgeon, Patient Representative.	12 Leads from 7 Member States NL, UK, BE, FI, ES, AT and DE.
2. Guideline Group	Neuropsychologist, Adult Oncologists, Dermatologist, Sacroma Surgeon, Ophthalmologist, Neurosurgeon, Plastic Surgeon, Pediatrician, Clinical Geneticist, Neurologist, Neuro-oncologist, Radiologist, Maxillofacial Surgeon and Patient Representatives.	21 Leads from 9 Member States NL, UK, BE, ES, AT, IT, EL, DK and DE. Plus US advisors (x2)
3. Patient Advisory Group	Patient Representatives.	7 Leads from 7 Member States AT, ES, BE, EL, DE, PT and UK.
4. Delphi Expert Panel	Paediatrician, Oncologist, Clinical Geneticist, Dermatologist, Neurologist, Neurosurgeon, Gynaecologists, Psychologist, Psychiatrist, Ophthalmologist, Neuro-oncologist, Radiologist, Maxillofacial / Plastic Surgeon, Clinical Nurse, Patient Representative	>120 EU Experts from 19 Member States AT, PL, DE, FR, BE, NL, ES, EL, FI, IT, UK, SE, NO, DK, LT, CZ, SI, PT and EE.

# Process



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# Future Priority Areas for NF

1. **Endorsement of the new diagnostic guideline** for **NF1**, NF2 and Schwannomatosis (when this has been published)
2. Development of a **clinical pathway** for NF2 and **Schwannomatosis**
3. **Development of an NF2 guideline** (update on the ACCR and include the adult patients in the scope)
4. **Development of a guideline for other presentations for NF1** - e.g.: orthopaedic and neurocognitive issues



# Q&A

# Patient involvement in development of clinical guidelines



**Methods of  
engagement  
based on user  
experience of  
involvement in  
other clinical and  
service guidelines**

*Clinical Standards Advisory  
Group 1998 – government  
appointed body*

Reconfiguration of cleft  
services in the UK

*National Institute for Clinical  
Excellence, UK, 2008*

Guideline on Otitis media  
with Effusion

*European Committee for  
Standardisation (CEN),  
Brussels 2016*

Early Care services for  
children born with cleft  
lip and palate

## Central role

Involvement at  
every stage of the  
process, from start  
to finish

Patient  
representatives in  
the development  
committee

# Patient roles

to advise on the guideline scope, target population, clinical questions – all relevant to patient?

ensure literature review includes patient centred care and reported patient outcomes where available

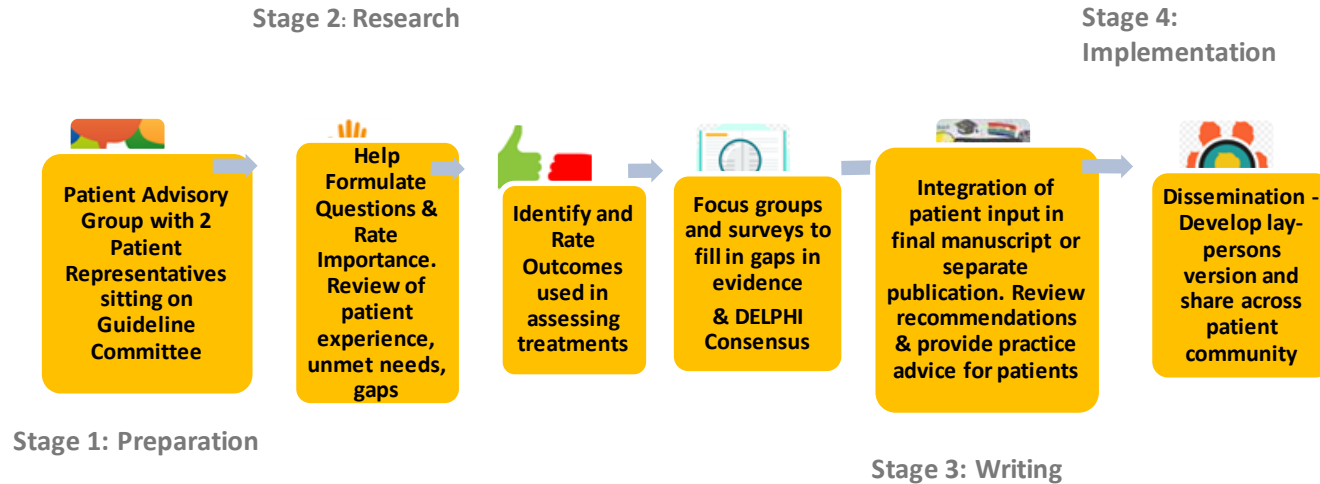
survey the patient community where there are gaps in evidence

to provide the patient's opinions / views in balanced in terms of the benefit and harm of the recommendations

to be involved in formal consensus finding

to develop a lay-persons guide or information of the guideline

# Patient input summary



# Wider input and dissemination

Patient reps on the guideline committee can be supported by a wider patient group

Representatives from different countries, with different experiences, bringing with them voices of other clinicians they are familiar with as potential external advisors

Opportunities for wider feedback and input

# Ideas for wider patient input



Patient reps on Guideline committee supported by:



8 – 12 group of patients from different countries with different experiences



Providing feedback and input to patient reps on Guideline committee