

# PATIENT-CLINICIAN TEAMBUILDING PILOTS

ePAG Building Good Practices Webinar 13 12 2022



# Welcome!

We will be starting shortly...





Mute your microphones

Use chat box for Q&A and comments

Raise your hand if you wish to speak



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ePAG Exchange of Good Practices Designing Surveys

### Agenda

16.30-16.35 - Welcome & Introduction

**16.35-16.45** - Collaborating for Success: Why teambuilding?

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16.45-17.00 - The Experience of ReCONNET

17.00-17.15 - The Experience of ITHACA

17.15-17.30 - The Experience of ERN LUNG

17.30-17.55 - Questions & Answers

17.55-18.00 - Wrap-up



# **Our Speakers**





#### Silvia Aguilera Diana Marinello Ilaria Galetti

- SAF Espana
- ePAG advocate in ERN ReCONNET
- ERN ReCONNET Manager
- Federation of European Scleroderma Associations
- ePAG advocate
   in ERN
   ReCONNET



ERN ReCONNET Coordinator



#### Dorica Dan

- Romanian Prader Willi Association
- ERN ITHACA ePAG advocate



#### Elisabeth Humbert-Dorfmüller:

ERN LUNG Manager





# **Collaborating for Success** Patient-Clinician Teambuilding



# **Patient-clinician teambuilding**

Teambuilding pilots focusing on how Patients and Clinicians in ERNs can work better together. Objectives:

- Foster a common sense of purpose
- Clarify and understand roles
- Communicate effectively both internally and externally
- Improve the effectiveness of teamwork by aligning on vision, goals, and ways of working

#### Format:

- 2 x 3.5 h sessions (ReCONNET)
- 3 x 2h sessions (ITHACA)

#### Facilitators: Maynard Leigh Associates & Ana Merlino

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# **ReCONNET PILOT** Patient-Clinician Teambuilding



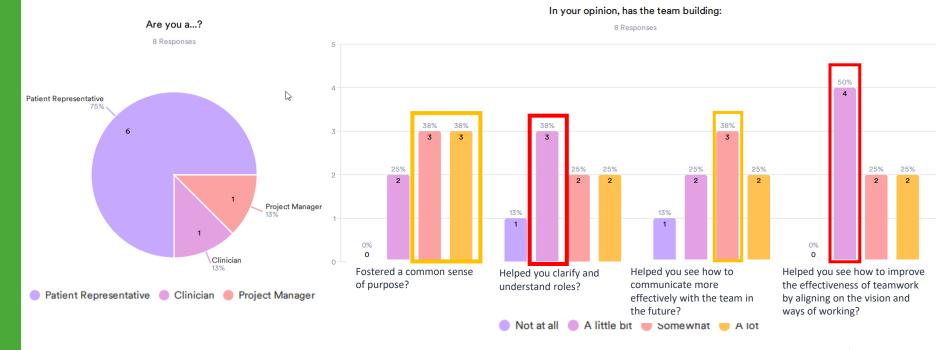


## ERN RECONNET TEAM BUILDING FEEDBACK RESULTS

Diana Marinello ERN ReCONNET Network Manager

Ilaria Galetti and Silvia Aguilera ERN ReCONNET ePAG advocates

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What did you hope to get from attending this team-building training?

8 Responses

'Tools, pleasure in communicating '

'How to ensure **better communication** between clinicians and patients'

'Better connections and **collaboration opportunities** between clinicians and patient representatives'

'Have more theory and practical examples on how to collaborate better in the ERN and how to Foster and advocate for better patient-clinician partnership in our Network as a Network Manager. '

Improve collaboration and communication

**Practical suggestions** on how to improve the team building strategy '

'Building a better team to work TOGETHER '

Community-building

'Make clinicians understand the role of ePAGs'

Role clarity



How satisfied are you with the content of the sessions? (1= not at all satisfied/ 5= Very satisfied)

8 Responses

Data	Response	%
2 A little bit satisfied	4	50%
3	2	25%
4	1	13%
5	1	13%
1	0	0%



How do you rate the clarity and effectiveness of the facilitators? (1= not at all satisfied/ 5= Very satisfied)

8 Responses

= Data	Response	%
3 Somewhat satisfied	5	63%
5	2	25%
2	1	13%
1	0	0%
4	0	0%

'Very nice, good at changing directions according to our need'

'It was really difficult to follow the facilitators as they spoke very fast and did not have any kind of visuals helping the participants in understanding what was happening and most of all what was required during the breakout sessions.'





How did you find the DURATION of the training? (1= Too long/ 5= Perfect length)

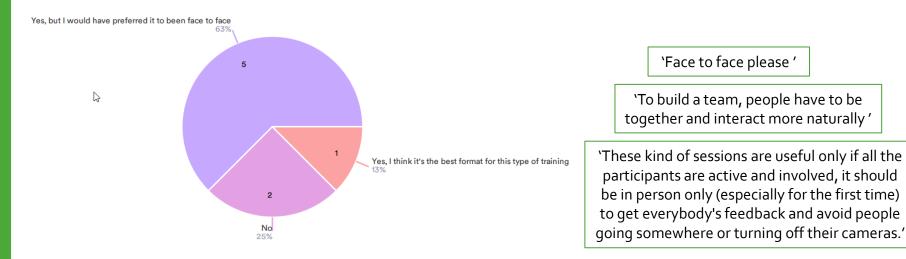
8 Responses

- Data	Response	%
1 Too long	3	38%
3	2	25%
4	2	25%
2	1	13%
5	0	0%



Did you like the fact that the training was online?

#### 8 Responses



🔵 Yes, but I would have preferred it to been face to face 💿 No 😑 Yes, I think it's the best format for this type of training



'Face to face please '

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How would you rate the sessions overall?

8 Responses

Data	Response	%
2 A little bit satisfied	4	50%
3	2	25%
4	1	13%
5	1	13%
1	0	0%



	What was great about this team building training? (6 responses)	What could be improved? (And is there anything you would drop to make room for it?) (7 responses)
ſ	Good to meet others from different teams	I found it a little bit 'dry'
Community- – building	That we had some time to discuss transversal things and not specific project/activities of the Network	Better tailor the training to the group needs : Knowing the audience and what the individuals would like to achieve could help you better design the sessions, so we would suggest running a quick survey to understand where the participants are and what they want to achieve.
	The people who showed up got to know each other better. Especially the last session was productive	Clinicians were not attending the sessions, only the Coordination Team was there. This might be explained due to the short notice of the dates, to the long duration of the sessions (too long to be online), to not having explained properly what was going to be the content of the sessions (e.g. no agenda), and also by the fact that there was not a clear session on "training" (e.g. how to communicate/collaborate better with your patient's representatives). It would have been more useful and more practical if (a lot of) training was provided for all topics (with presentations) and after that, have organised hands on practical sessions to work on the theory explained.
Γ	The possibility for everyone to speak up	We missed a lot of clinicians which made it impossible to connect with them. The ones who turned up are the ones we already have a good relationship with. I would keep the workshops,
	The small group exercise	but have a more formalised introduction to them and feedback session afterwards.
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Increase participation: in numbers and diversity



Would you like to participate in this type of teambuilding again? Would you recommend this training to other ERNs?



'Team building is something that can make a difference, especially in Collaborative networks. Investing in Team building sessions can create/improve the collaboration and align everybody's approach on how they contribute to the Network.'

'The training could potentially be very good for future collaborations with some changes'

'Great opportunity to think about our mission, roles and communication.'



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### Improving Patient–CLINICIAN COLLABORATION IN ERN ReCONNET

#### Our take home messages

- Team building training is a valuable activity that can have a great impact on the Network in improving the level of collaboration within the ERN
- There are different levels in the Governance of the ERNs in which the Team building can be implemented discuss it within your Network and design it based on your needs and priorities
- Involving clinicians in the training is key to ensure the effectiveness of the training make sure the training format is suitable to all participants (in person vs online)
- Plan the training in advance
- Make sure that all participants can take home something useful for the training
- Consider the possibility of organising Team building sessions on a regular basis





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# ITHACA PILOT Patient-Clinician Teambuilding

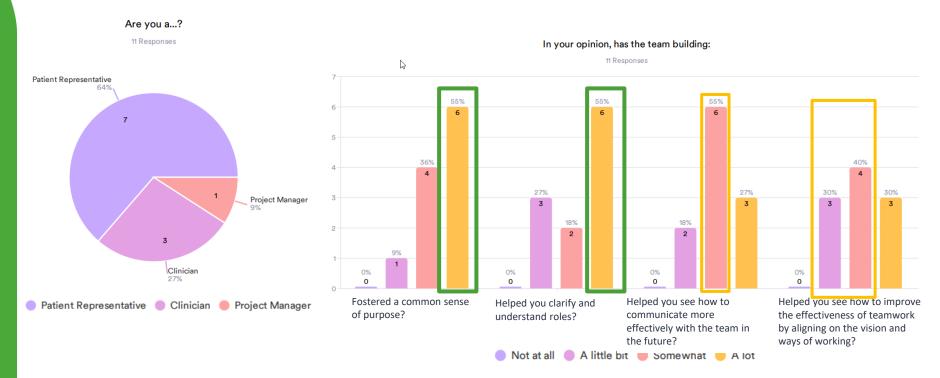




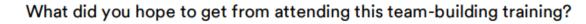
### ERN ITHACA TEAM BUILDING FEEDBACK RESULTS

Dorica Dan ERN ITHACA ePAG Chair

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11 Responses

'Understand better what teamwork means'

'Stronger cooperation'

'Tips how to cooperate together more effectively'

'Improving our mutuals goals'

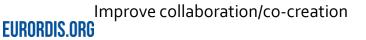
'Understanding how we can collaborate'

'Better connections'

'More connection with ITHACA community'

'Get to know ern ITHACA ePAGs and clinicians'

'Connect with clinicians and researchers from ERN Ithaca'



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Community-building



How satisfied are you with the content of the sessions? (1= not at all satisfied/ 5= Very satisfied)

11 Responses

Data	Response	%
4 Satisfied	6	55%
5 Very satisfied	3	27%
2	1	9%
3	1	9%
1 not at all satisfied	0	0%



How do you rate the clarity and effectiveness of the facilitators? (1= not at all satisfied/ 5= Very satisfied)

11 Responses

Data	Response	%
5 Very satisfied	6	55%
4	4	36%
3	1	9%
1	0	0%
2	0	0%

'kindness and confident'

'Ana was very good!'

'Ana is very nice and organised person'





How did you find the DURATION of the training? (1= Too long/ 5= Perfect length)

11 Responses

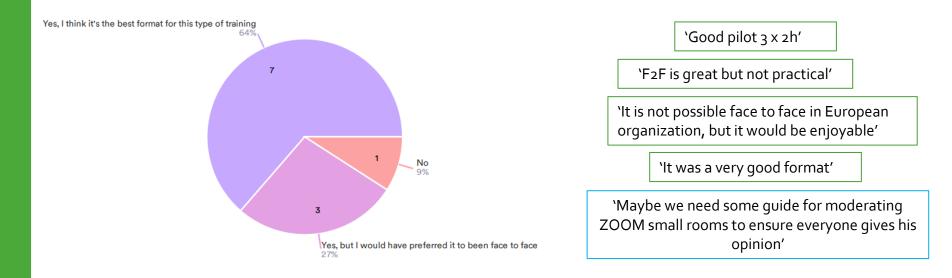
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Data	Response	%
4 Satisfied	4	36%
5 Very satisfied	4	36%
3	2	18%
1	1	9%
2	0	0%



#### Did you like the fact that the training was online?

11 Responses





How would you rate the sessions overall?

11 Responses

<ul> <li>Data</li> </ul>	Response	%
4 Satisfied	6	55%
5	3	27%
3	2	18%
1	0	0%
2	0	0%



	What was great about this team building training? (9 responses)	What could be improved? (And is there anything you would drop to make room for it?) (8 responses)	
	As I am a new epag, this training got me a good insight of the other epags - what are they focused on or interested in (who is more research oriented, who is working on policy, also who is devoting time to discuss what should the rare diseases been named	More efficient information how to cooperate better, more sessions regarding getting to know each other, more sessions in small groups	
ſ	Positive atmosphere	More people could attend.	Increase participation:
	The connections made	number and origin of people	in numbers and diversity
Community-building 🚽	People	more balanced group of participants	
	Meeting new people and learning about other ePAGs and clinicians	Too long and too general in some parts	-
	meeting other ePAG and clinicians	technical issues. To start on time	
	mutual understanding and honesty	The format, more specific guidelines and a clear roadmap about what this ERN is aimed to.	
	the recaps that Ana did		







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Get down to work

Now that the teambuilding has ended what do you consider should be our next steps with ERN ITHACA?

'Work together to achieve the goals'

'Going deeper in our goals and work topics'

'Given the lower participation rate of clinicians, they should be helped to understand the importance of communicating with ePAGs.'

'To build on the connections.'

'We would like to re-connect few times per year 2-3 times'

Continue community-building I think team building focused on a specific groups who will be working together (like training, research or guideline) or focused on specific syndromes instead of all clinicians and ePAGs would also be useful, result in more clear approach/changes in working styles and also motivate more people to join compared to a general meeting

'I would recommend more training about how to organize your time more efficiently, how to work more efficiently' \_ More trainings

'Show what we as ePAGs are intended for.'

'We would like to understand each other and share the

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Better clarify roles

# **ERN LUNG PILOT** Patient-Clinician Teambuilding





Respiratory Diseases (ERN-LUNG)

### Participation of ERN-LUNG in the Clinicians/Patients Teamworking Sessions 1/3

- 1. Invitation sent out to ~110 clinicians and ~30 patient representatives
- 1. Positive replies: 7 clinicians, 5 pat reps (of which only one « couple » clinician-pat rep)
- 1. Present on the 1st session: 3 clinicians, 2 pat reps. The first session started well, lively discussion, active participation of all those present
- 1. Suddenly, 2 clinicians said that they would have to stop after one hour (instead of two). The facilitator (Ana Merlino) said this was a problem, being left with only one clinician (and 2 pat reps). A long discussion started then on how to re-schedule the missing hour. This discussion ended in successful re-scheduling on the one hand, but also in some of the participants questioning the necessity of these sessions.
- 5. After the end of the first session, we decided to ask for a general feed-back:
- -To the clinicians who registered and either participated or not
- -To the pat reps who registered and also those who did not register









Network Respiratory Diseases

### Participation of ERN-LUNG in the Clinicians/Patients Teamworking Sessions 2/3

(ERN-LUNG)

- 6. Many responses:
  - Some do not see the goal of these sessions: lack of clear focus
  - Some would have preferred practical hints on how to better work together
  - Some think that online-sessions are useless, and « real » ePAG sessions should be used to add this kind of event
  - Some said they are too busy, and end of year is a bad time
  - Some suggest that there should be more « couples » clinician/pat reps who actually know each other
  - One participant (clinician) : « For future transparency I think the very keen purpose of the meetings should be very clearly described, the topics should be cut to the bone in this context, and also there must be a possibility to combine different dates for a certain program allowing a higher adherence for participation. In the end of the day time is costly and therefore highly prioritized, not indicating that the ERN meetings are not interesting or important. »
  - One participant (pat rep): « I already took part to Ana Merino's sessions in 2019 during the Leadership School in Barcelona and I must say they her system only works well if you are predisposed to get involved with her. If you have a closed attitude you will never get results. I believe that the key point is not the length of the session or the lack of time on the part of the clinicians, but rather the attitude of the participants' closure. »
- □ We decided to stop after the first session









## Participation of ERN-LUNG in the Clinicians/Patients Teamworking Sessions 3/3



7. Different attitudes:

- Different cultures?
- Different diseases?
- Different type of patients?
- Different type of clinicians?
- This is open to discussion!









