

# The number of rare diseases for which no treatment is currently available is estimated to be between 4,000 and 5,000 worldwide.

Twenty-five to 30 million people are reported to be affected by these diseases in Europe.

Source: ORPHANET









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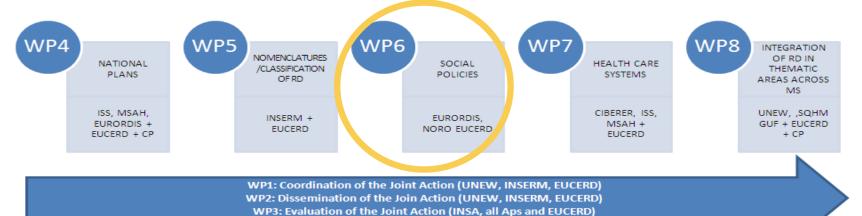
Social Services [and policies] are instrumental to the empowerment of people living with rare diseases and are essential to the improvement of their well-being and health

Source: EUROPLAN Final Report based on the 15 National Conferences



## **EUCERD JOINT ACTION WORK PACKAGE 6**

Provision of Specialised Social Services and Integration of RD into Social Policies and Services



**Time Frame:** 2012-2015 (42 months)

**Total Budget:** 357.524€

**EAHC Funds (60%):** 214.514€

Other partners:

Caisse Nationale de Solidarité pour l'Autonomie (CNSA), France

Fonds Léa Rose, Belgium

Task 1: Identification and Mapping of Specialised Social Services

**Task 2:** Training of Social Services Providers

Task 3: Integration of Rare diseases into Social Policies and Services



Report on EUCERD guiding principles for Social Care in RD Draft of EUCERD recommendations in the social field



## Specialised Social Services — Definitions

### «We're allowed to need it and to want it.»

Lara Chappell, Mother of Pierre, 6 years old, living with Angelman Syndrome, France



Therapeutic Recreation Services: any organised recreation activity (camp, ad hoc trip) giving patients the possibility to take a break from thinking about diseases/treatments and focus on fun and leisure

**Respite Care Services**: short term basis care so that the carers can have a break from care giving

**Adapted Housing:** group homes aiming to help people living with rare diseases to enjoy the highest possible level of autonomy, in their own home, where they are supported by specialised staff

**Resource Centres:** training courses, information and guiding, documentation and research, daily support therapies, medical and psychological consultations



## STATE OF THE ART OF WP6

March 2012

October 2013

Paper: Need for Specialised Social Services and Integration of RD into Social Policies

### **Fact Sheets**

Respite Care Services
Therapeutic Recreation
Programmes
Adapted Housing
Resource Centres

## **Country Visits**

Sweden

Norway Hungary Denmark Connecting to other initiatives on Social Services and Policies

Mapping of Specialised Social Services Workshop
Guiding
Principles for
Specialised
Social Services

Document on
Guiding
Principles for
Specialised
Social Services

Workshop EURORDIS Membership Meeting Workshop
Training Social
Services
Providers



## PAPER: NEED FOR SPECIALISED SOCIAL SERVICES





click here to read the

document

Background information and statistics on Specialised Social Services and Social Policies for **PLWRD** 

Definitions of 4 types of Specialised Social Services

Present how EJA WP6 is addressing these particular issues

Reinforce the need for Services and Policies



**Encourage action at national levels in** order to make Specialised Social **Services a reality for PLWRD** 

«When you have a rare disease it feels like you are so alone and no one cares»

Janet, mid 50's, living with Alkaptonuria, USA



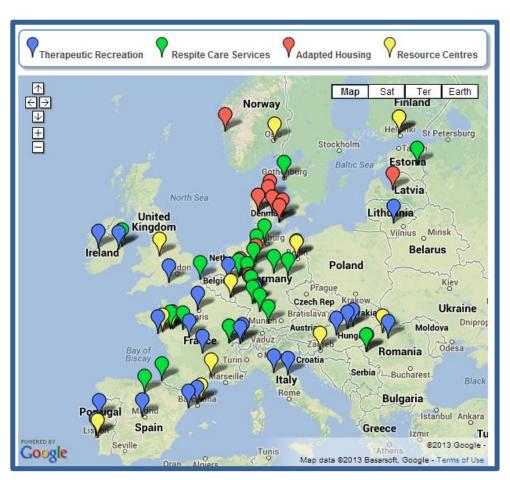


## MAP OF SPECIALISED SOCIAL SERVICES IN

**EUROPE** 

«Services provided seem to differ from area to area. It is not possible to get a 'check list' of all the people you need to talk with.»

Denis Ryan, husband of Anne, living with Huntington Disease, Ireland



Give Visibility to Services

Improve patients' access to services
Promote the need for services

**72 Services** 

**20 Countries** 

Information on activities, target population and contacts for all services

click picture to access the map



## **POLICY FACT SHEETS**

"They need to spend some days in an environment where they can stop thinking about their disease, where they can meet, socialise» Elaine, mother of Ella (3), living with Acute Lymphoblastic Leukaemia, attending Therapeutic Recreation Programme, Ireland



Clarify definitions, highlight advocacy actions, reinforce need for services



Improve patients' access to services

Definition of Services
Why are they needed?
Why are they important?
How to address the issue? role of National
Plans and EUCERD Joint-Action
Related Issues / References and additional
information



click on each picture to access respective fact sheet



## COUNTRY VISITS — CASE STUDIES

Highlight good practices



Improve quality of services Improve access to services «The children and their families are very lucky to have such a good service available to them and all at no cost to them»

Health Care Professional cooperating with Therapeutic Recreation Programme, United Kingdom

## Agrenska

**Respite Care Service – Sweden** 

Rare Diseases

Total beneficiaries: 170 children/year

**Private Foundation** 

No costs for patients

Programmes for Patients, Families, Professionals

70 everyday staff; 120 intermittent



click on each picture to access services' websites

## Frambu

**Resource Centre – Norway** 

Rare Diseases: 100 (300 w/ subgroups)

Total beneficiaries: 28.250/year

State Funded Service

No costs for patients

Programmes for Patients, Families,
Professionals

89 everyday staff, 150 intermittent



## **Bátor Tábor**

Therapeutic Recreation Programme – Hungary

Serious Illnesses

Total beneficiaries: 800 children/year

**Private Foundation** 

No cost for patients

Programmes for children, siblings

22 everyday staff, 600 intermittent





## CONNECTING TO OTHER INITIATIVES

## Establishing important partnerships



Receive and share valuable information Make the message stronger



BURQOL RD

Orphanet: indexing the functional consequences of rare diseases with the Orphanet Disability Thesaurus, based on the International Classification of Functioning, Disability and Health of WHO and production of fact sheets on diseases and their consequences on daily life

BURQOL RD: quantify the socio-economic costs and Health Related Quality of Life (HRQOL), of both patients and caregivers, for up to 10 rare diseases in different European countries – **Preliminary results have just been released!** 

French NA Group Social-Medical Services: share experiences and find solutions together with French NA, patient groups, Orphanet and invited authorities

Contacts with International Federation of Social Workers to look into the possibility of expressing common positions and needs



## Workshop: Guiding Principles for

## SPECIALISED SOCIAL SERVICES

«We were relieved to know that professionals were taking care of him in a place adapted to his needs. If we leave him with family, they don't always know what to do.»

Lara Chappell, Mother of Pierre, 6 years old, living with Angelman Syndrome, France

Click here to read the workshop report

## **Collect Consensual Good Practices**



Improve quality of services

Zalau, Romania, December 2012 At NoRo Resource Centre for Rare Diseases



28 participants from 16 countries: EUCERD, services, National Alliances, EUROPLAN advisors, academia

Presentations of EUCERD and Project
Presentations of Services: 1 of each kind (TRP, RCS, AH, RC)

Group discussions on draft of Guiding Principles for Specialised Social Services

Conclusions and consensus in plenary session

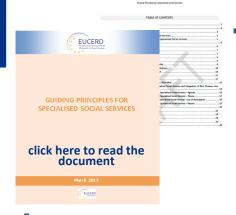


## DOCUMENT: GUIDING PRINCIPLES FOR

## SPECIALISED SOCIAL SERVICES

«We were evaluated first by an interdisciplinary team: psychologist, physiotherapist, doctor, social worker and a special education teacher.»

Ana Maria, living with Thalassemia, attending NoRo Resource Centre, Romania



## Highlight good practices



## Improve quality of services

- 1) Rights and Personal Identity
- 2) Person/Family Centeredness
- 3) Holistic, Comprehensive, Integrated Approach
  - 4) Governance Structure
  - 5) Organisation and Administration
- 6) Evaluation and Permanent Improvement of Quality
- 7) Connection to Centres of Expertise/Medical Institutions
  - 8) Admission Procedures and Individual Assessment
    - 9) Training of Staff and Volunteers
    - 10) Rare Diseases and Health Care Needs





## WORKSHOP: EURORDIS MEMBERSHIP

## MEETING

«Attending a camp can increase a child/young person's confidence in so little time, bringing so many long term benefits to their well-being»

Health Care Professional cooperating with Therapeutic Recreation Programme, United Kingdom

Reporting on advocacy actions, sharing good practices



Incentive patient groups to advocate for more services, with more quality

2 workshops dedicated to: Report on progresses made so far

Sharing of documents: concept paper, fact sheets, guiding principles document Presentation of role model services run by public institutions, private foundations and patient groups

Services represented include all types (TRP, RCS, AH, RC) from 7 different counties

Over 90 participants; Participants in EMM made a positive evaluation of these workshops!

click here to access Presentations





## WORKSHOP: TRAINING SOCIAL SERVICES

**PROVIDERS** 

"The staff, employed by the municipality, are trained and interested in doing their best to support Markus and his neighbours in managing their lives"

Lisen, mother of Markus (30), living with a developmental disability, attending an Adapted Housing Service, Norway

Share good practices for training of staff



Improve quality of services

Copenhagen, Denmark, 10-11 October 2013 At the House of Disabled People's Organisations



26 participants from 13 different countries: EUCERD, services, National Alliances, EUROPLAN advisors

Presentations of project status

Presentations of Role model training programmes

Group discussions on draft document 'Training for Social Services Providers'

Conclusions and consensus in plenary session



## WHAT NEXT?

October 2013 May 2014

Document Training Social Services Providers

> Case Study Documents

> > Agrenska Frambu

Bátor Tábor

Group Homes PWS-DK

Fact Sheet

Specialised Social

Services

**Country Visits** 

Spain

France

EURORDIS Position Paper

**Social Challenges** 

ECRD 2014 Berlin

Theme 6: Beyond Medical and Medicinal Care



Sharing a set of different approaches to care



Improve the quality of care

6 sessions over 26 chairs, speakers and panellists

- Advocacy
  - Policy
- Sharing of good practices
  - Patient stories
    - Innovation
- Vision for the future in connection to Centres of Expertise





## 7th European Conference on Rare Diseases & Orphan Products

8 - 10 May 2014 - Andel's Hotel, Berlin, Germany







## Call for posters

## Deadline submission of abstracts - 15th December

-Theme 6: Beyond Medical Care. Research or studies identifying the specific social challenges of rare diseases; innovative solutions, services and programmes that address the social and other non-medical needs of rare disease patients; innovative schemes that may serve as models for promoting independent living; personal experiences of service users; methodologies and programmes for the training of social services providers; research or studies on the benefits for patients and families of respite, therapeutic recreation and adapted housing.

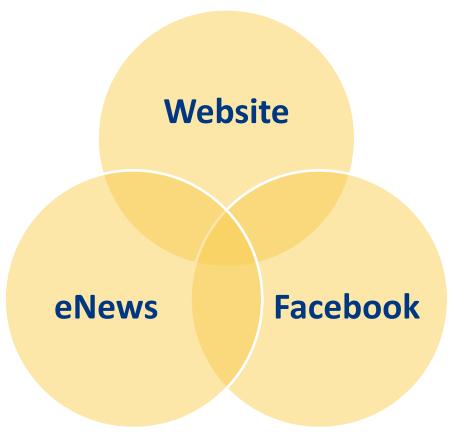


## **COMMUNICATION ACTIONS**

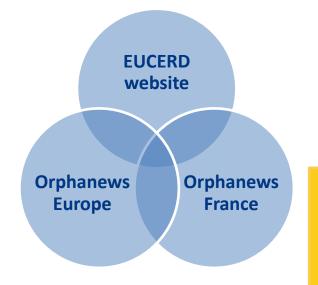
Raising awareness and Reaching out to more publics

Creating a European movement around Specialised Social Services and Social Policies for PLWRD

### **EURORDIS Communication Tools**

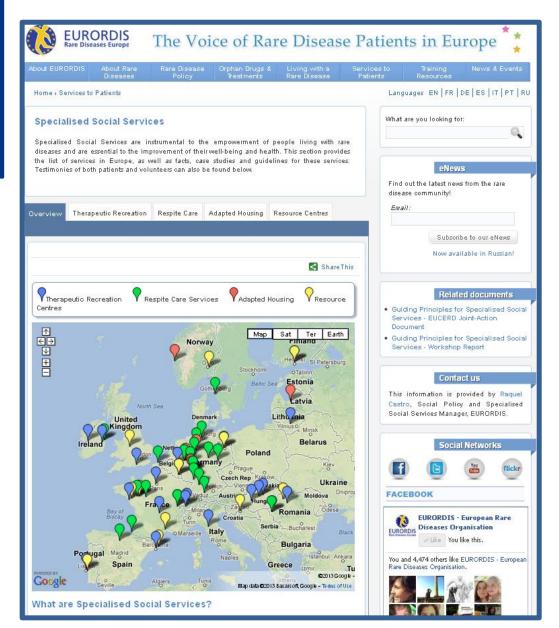


## **Partners Communication Tools**





## WEBSITE SECTION: SPECIALISED SOCIAL



## **S**ERVICES

Raising awareness and Reaching out to more publics



Giving visibility to the European movement around Specialised Social Services and Social Policies for PLWRD

Map
List of services with info on each service
Sections for TRP, RCS, AHS RC
Fact Sheets

Fact Sheets
Case Studies
Good Practices documents
Reports from Workshops
Presentations from all Workshops
Testimonials from patients, families,
volunteers, professionals



## WEBSITE SECTION: SPECIALISED SOCIAL

## **S**ERVICES

Sharing data on role model services



Giving visibility Specialised Social Services and good practices in the field

All presentations from workshops and meetings available by type of service Presentations have common set of data and information, with a collection of facts on the service budge, governance structure, costs, target population, history, etc.

## Fact Sheet and Case Studies

Consult our Fact Sheet and Case Studies to learn more about Resource Centres and well established RC across Europe.

Actions performed by Resource Centres (RC) are generally specifically targeted to people living with rare diseases. These centres often function in partnership or cooperation with Centres of Expertise or constitute part of a Centre of Expertise themselves.

Download the Fact Sheet.



#### 2013

#### Casa dos Marcos Resource Centre, Portugal

Paula Brito e Costa, Rarissimas, Portugal EURORDIS Membership Meeting 2013 Dubrovnik, Workshop 10: Social & m

EURORDIS Membership Meeting 2013 Dubrovnik, Workshop 10: Social & medical services initiated by patient organisations

#### Frambu Resource Centre, Norway

Lisen Mohr, Frambu, Norway

EURORDIS Membership Meeting 2013 Dubrovnik, Workshop 6: Specialised Social Services; need, policy, case studies

#### NoRo Resource Centre, Romania

Dorica Dan, RONARD, EUCERD & EURORDIS, Romania EURORDIS Membership Meeting 2013 Dubrovnik, Workshop 10: Social & medical

services initiated by patient organisations

#### 2012

#### Frambu Resource Centre, Norway

Lisen Mohr, Frambu, Norway

EUCERD Joint-Action Workshop on "Guiding Principles for Specialised Social Services", 2012, Romania

#### NoRo Resource Centre, Romania

Dorica Dan, RONARD, EUCERD & EURORDIS, Romania

EUCERD Joint-Action Workshop on "Guiding Principles for Specialised Social

Services", 2012. Romania



ShareThis



## Reaching out to our members and followers

eNews Section: Patients, Organisations, Services

Strengthening the European movement by having a 2-way channel

## **Sharing information** on:

Map
Services
Documents
Events
New developments/studies
Testimonials

### **Calling for action** on:

Mapping exercise
Contribution to documents
on good practices



Receiving feedback and contributions

#### PATIENTS, ORGANISATIONS, SERVICES

Read about living with a rare disease and the services available

Over 50 social services for patients and families have been identified in 18 countries so far!



#### PATIENTS, ORGANISATIONS, SERVICES

Read about living with a rare disease and the services available

Therapeutic Recreation Programmes: take a break from focusing on the disease and concentrate on fun and leisure.





## Reaching out beyond our members and followers

Strengthening the global movement

Communicating to general public sharing information on:

Map
Services
Documents
Events
New
developments/studies
Testimonials





click pictures to access Facebook posts



## PARTNERS COMMUNICATION TOOLS

## Reaching out to the RD community



## Strengthening the advocacy movement



#### Specialised social services

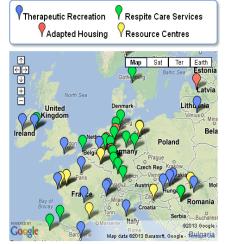
The EUCERD has chosen to examine the area of specialised social services for rare diseases (RD), as concerns both the provision of specialised rehabilitation services for RD as well as the integration of RD into mainstream social policies and services.

#### This work will include:

- Identifying and mapping of existing specialised social services such as therapeutic recreational programmes, respite care services and other rehabilitation services (e.g. adapted housing) and the identification of good practices:
- Facilitating access to information on specialised social services for RD patients and their families
- Defining guiding principles for Member States and stakeholders on why and how to develop training sessions for social services providers;
- Promoting the integration of RD into social policies and services by identifying existing social guidelines and defining guiding principles for social care in the field of RD.



Specialised social services in Europe for rare disease patients



Eurordis now has a section of their website dedicated to Specialised Social Services for rare diseases patients that will be of great help to improve their health and quality of life as well as empowering them. As part of the Eucerd Joint Action (2012-2015), Eurordis is committed to helping rare disease patients to obtain access to "Specialised Social Services and Integration of Rare Diseases into Social Policies and Services." This purpose, Eurordis is performing a mapping exercise of the places that provide Specialised Social Services for rare disease patients in Europe as well as raising awareness about the significance and increasing need for such services. This is presented as a google map (see above) of the socialised services currently mapped by Eurordis which include, Therapeutic Recreation Programmes (TRP), Respite Care Services (RCS), Adapted Housing (AH), Resource Centres (RC). Apart from mapping these services Eurordis will also be involved in "addressing" the issues concerning the training of the stafffvolunteers working at these services" (Link to the EURORDIS Paper on "Tare Diseases: addressing the need for \$55 and Integration into social policies). This is a continuous exercise and you can also contribute to helping rare disease patients by providing suggestions of services available. (Email here).

Eurordis lance un recensement des services sociaux spécialisés pour les patients atteints de maladies rares en Europe



Eurordis développe sur son site une section consacrée aux senices sociaux spécialisés pour les patients atteints de maladies rares, pour les aider à améliorer leur santé et leur quaité de vie et à renforcer leur autonomie. Dans le cadre de l'action conjointe EUCERD (2012-2015), Eurordis s'est engagé à aider les patients atteints de maladies rares dans les politiques et les senices sociaux ». A cet effet, Eurordis a lancé un recensement systématique des senices sociaux spécialisés pour les patients atteints de maladies rares en Europe, dans l'idée aussi de sensibiliser à l'importance et à la nécessific croissante de ces services. L'information est présentée sur une carte Goople (voir c-dessus), avec la localisation et les coordonnées des services sociaux actuellement répertories ; programmes de loisirs thérapeutiques (TPP), services de soins de répit (TPCS), lognements adathés (AH), centres de ressoures (RC). Eurordis a dans ces services, (voir not). En rance, le plan national maladies rares 2011-2014 à dans ses objecties (voir not). En rance, le plan national maladies rares 2011-2014 à dans ses objecties l'armélioration de la prise en charge sociale. La Caisse nationale de solidanté pour l'autonomie est partenaire de cette action d'Eurordis. Ce recensement est un service contribuer en proposant les coordonnées de services existants (contact).

### Working with partners towards sharing our tools and information:

EUCERD Website Orphanews Europe Orphanews France

Reaching EU, national authorities, patient advocates, health professionals.

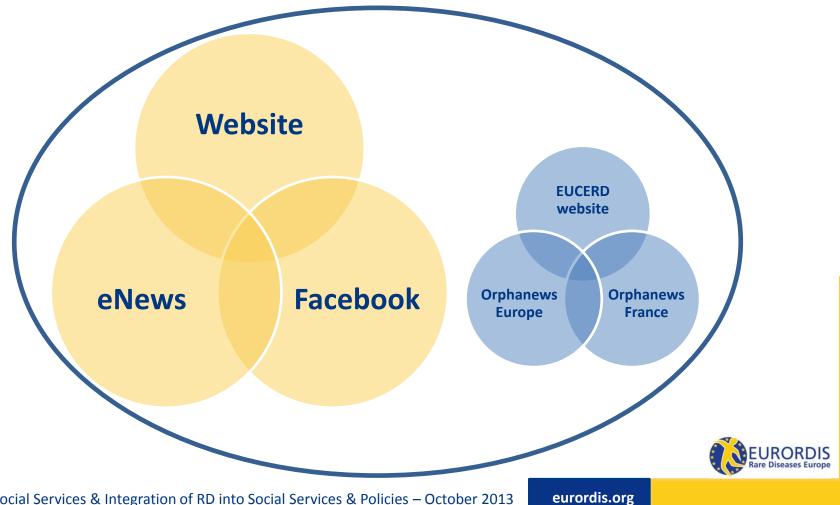
EURORDIS Rare Diseases Europe

click on each picture to access respective article

## **COMMUNICATION ACTIONS**



## OVER 56000 PEOPLE REACHED!



## **EUCERD JOINT-ACTION WORKSHOP**

### TRAINING FOR SOCIAL SERVICES PROVIDERS



Copenhagen, 10-11 October 2013

## WORKSHOP: TRAINING SOCIAL SERVICES

## **PROVIDERS**











## WORKSHOP: TRAINING SOCIAL SERVICES

**PROVIDERS** 

«The staff, employed by the municipality, are trained and interested in doing their best to support Markus and his neighbours in managing their lives»

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Share good practices for training of staff



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Conclusions and consensus in plenary session



# WORKSHOP: TRAINING SOCIAL SERVICES PROVIDERS - PRESENTATIONS

EUCERD Joint Action, by Victoria Hedley, Newcastle University

<u>SpecialisedSocial Services and Integration of RDs into Social Policies: State of the Art, by Raquel Castro, Social Policies</u>
Manager, EURORDIS

<u>Introduction to the Workshop: context, theme, purpose, methodology and expected outcomes by Dorica Dan, Project Leader, EURORDIS</u>

<u>Introduction to the Document: purpose, contents, annexed case studies, expected outcomes by Raquel Castro, Social Policies Manager, EURORDIS</u>

Trainingfor professionals working with RD patients by Lisen Mohr, Frambu (Norway)

Edubolirare: training for professionals in RD field by Dorica Dan, Romanian Alliance for Rare Diseases (Romania)

Ågrenska: a holistic approach by Anders Olauson, Ågrenska (Sweden)

Training process for Case Managers at AFMTELETHON by Jean Pierre Lamorte, AFM (France)



"Curricula Prader-Willi-Syndrome", Adapted Housing Service for Prader-Willi Syndrome by Nobrert Hödebeck-Stuntebeck, Diakonische Stiftung Wittekindshof (Germany)

<u>Orphanet's role in supporting people with Rare Diseases: New tools about disabilities by Odile Kremp, Orphanet (France)</u>

Social Profiles as a dialogue/training tool for social workers by Lene Jensen, Rare Disorders Denmark (Denmark)





# DOCUMENT TRAINING SOCIAL SERVICES PROVIDERS

Why? The EUROPLAN I final report recommendations based on the 15 EUROPLAN National Conferences (2010-2011): «mechanisms need to be devised to recognise and integrate people living with RDs into existing social services (rehabilitation, integration into school and workplaces, recreation and respite services), while recognising their specificities and providing quality services in response to their needs»; one of the solutions «ad hoc training for staff involved in the care of RD patients».

<u>Target of the document:</u> EUCERD, National Authorities, Patient Representatives, Service Providers, etc.

<u>Targets of the training:</u> Social Services Providers (Social Workers, Psychologists, Teachers, Special Education Teachers, Occupational Therapists, Speech Therapists, Kinesiotherapists, Students, Carers, Personal Assistants, Volunteers, etc.)



## DOCUMENT TRAINING SOCIAL SERVICES

## PROVIDERS - PURPOSE





## Training for Social Services Providers

OCTOBER 2013



Address the need of training for social services providers



In consensus



Outcome of multi stakeholder discussions

Guiding principles and good practices

Useful tools

Step wise approach/check-list for the implementation of training programmes

**Examples** 



# DOCUMENT TRAINING SOCIAL SERVICES PROVIDERS - SPECIFIC GOALS

## Presenting European context

Emphasising the **need for the training of social services providers** in order to prepare them to handle patients with RD

Clarify that **training social services providers is an efficient path** to ensure that people living with RDs can be integrated in specialised or mainstream social services and policies

Indicating **guideline methodologies** and principles which can help training providers conceiving and implementing their training programmes

Informing on some **tools** being developed by important RD which can inform and support social service providers and should be part of the training programmes' contents

Providing **examples** of current programmes being developed in several European Countries



## **DOCUMENT TRAINING SOCIAL SERVICES**

## **PROVIDERS**

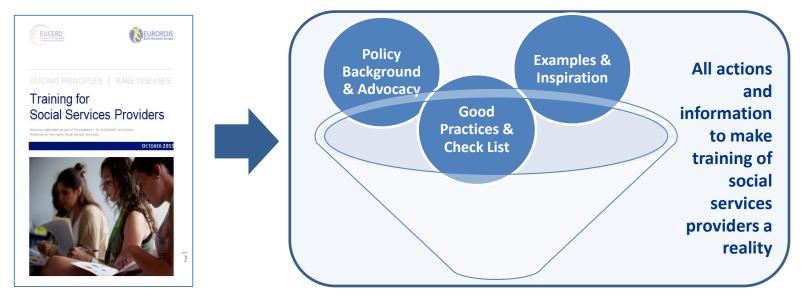
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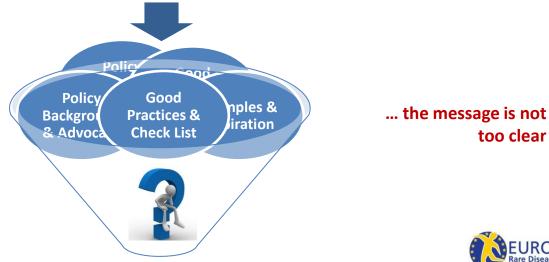


## DOCUMENT TRAINING SOCIAL SERVICES

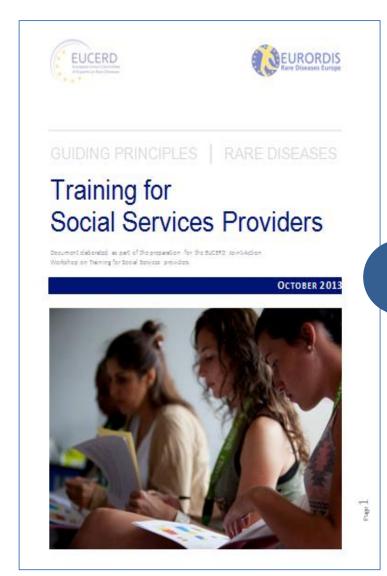
## PROVIDERS — COMMENTS TO DRAFT

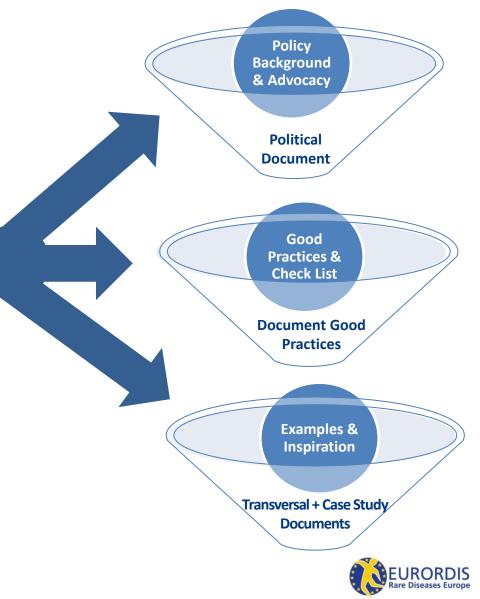


But, when we actually put all these actions and information together in one document...

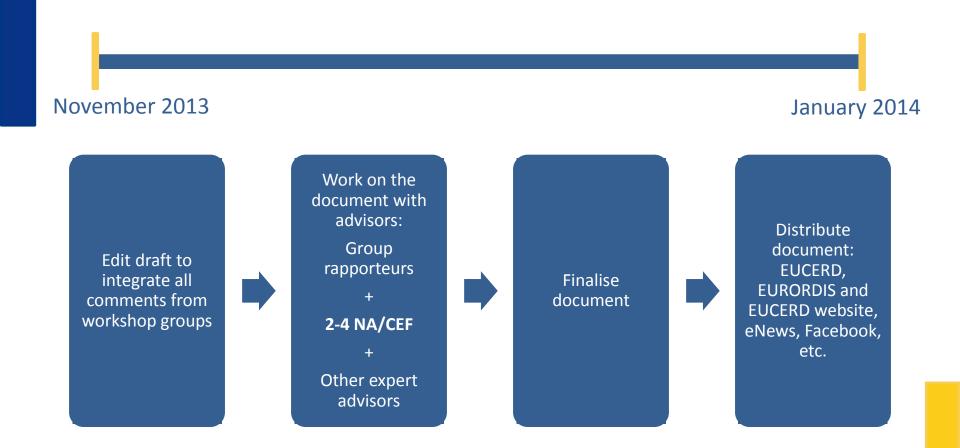


# DOCUMENT TRAINING SOCIAL SERVICES PROVIDERS — COMMENTS TO DRAFT





# DOCUMENT TRAINING SOCIAL SERVICES PROVIDERS — NEXT STEPS



contact raquel.castro@eurordis.org to be part of the advisors





## ALL PHOTOS USED IN THIS PRESENTATION WERE TAKEN AT SPECIALISED SOCIAL SERVICES ALL QUOTES USED IN THIS PRESENTATION ARE REAL STORIES



Paris, October 2013